

# Aurora House News

Volume 6 Issue 2 Fall 2012

#### Of Special Note

Since Inception June 21, 2007

# of Patients and their Families Served: 389

• Age Range: 17—97

Avg. Length of Stay: 35 Days

# of Cities served: 14

#### Mar 2012—Sept 2012

• # of Volunteers: 85

• # of Volunteer Groups: 6

# of Volunteer Hours: 1,300

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# 3rd Annual Walk-A-Thon to be held January 26

The Aurora House, a personal care home for the terminally ill, is planning their 3rd Annual Walk-A-Thon. This year's fun and healthy event will take place on January 26, 2013 at Harlon Block Park located on 18th St. near Westgate Blvd.

Participants are encouraged to sign up donors who will support their walk. Free t-shirts will be given to those who raise \$25.

We'll have our Bucket Auction again this year. You'll automatically get one ticket for every \$10 raised starting at \$50. For example: you

will get 5 Bucket Auction tickets for \$50 raised; 6 tickets for \$60 raised; and so on. There will be great prizes in the Auction this year.

Norma Montalvo, chairperson, announced that the following sponsorships are available:

\$1,000 Platinum—Logo on T-shirt; 5 signs on track; Display banner (supplied by sponsor) and 10 t-shirts

\$500 Gold — Listing on T-shirt; 3 track signs and 5 t-shirts

\$300 Silver: 2 t-shirts, Logo on 1 sign

Sherry Danache, owner and personal trainer at Health Club 722, will lead walkers through a lively series of stretches to get ready for the walk. Participants will learn about the importance of warming up muscles to prevent joint injuries and muscle strains while exercising.



Many thanks to the City of Weslaco for the use of the park and the fine police officers who help keep the walkers safe.

Last year over \$15,000 was raised and it was fun for all. Join us!

For more information about the walk or sponsorships, please call Aurora House at 973-9690.

### **Aurora House Honors Its Volunteers**

Aurora House wants to thank the many volunteers who give countless hours to assist the staff and provide comfort and caring to the Aurora House patients.

From gardening, to cleaning, to washing towels to preparing meals to sitting with patients—our volunteers are the best and we can always count on them!

Marie Stratton 46 hours

Maria Barrera 125 hours

Paula Pena 106 hours

Joanna Lopez 98 hours

Melba Ayala 36 hours

Kathy Damalas 53 hours

Karen Macking 67 hours

Emma Donfry 25 hours

Oscar Araiza 37 hours

Oscar Quintana 18 hours

 $Matthew\ Judge\ 40\ hours$ 

Transitional Program 71 hours





# Memorials March 2012 - September 2012

### \*Jose Almaguer Maria Almaguer

## \*Robert Bagwell Bobbie P. Bagwell

### \*Jane & Joe Butcher David Butcher Tom Butcher

### \*Carmilita Campbell Betty Lou Vitek

# \*Jack Dorholt W.C. & Jeanne E. Anderson Lyle C. Banta Virginia Dorholt Flora L. Ellefson Leroy & Mildred M.

Ericson
Duane L. Lilja
Ronald & Carolyn
Martinson
The Meister Daughters
Verla Olson
Carol M. Sandstrom

\*Jason Epperly
Robert & Sherre Odom

#### \*Enriqueta Estrada Flores Gertrudis Estrada

### \*Blanca Guerrero Noelda Rodriguez

### \*Bette Fasano Tom and Lynn Carter

### \*Bill Griffin Darlene Griffin

### \*Geneve Kornele Jim & Sondra Plowman

## \*Ted Long Patricia A. Long

# \*Patricia Luitjen Frank John Schuster Raul & Dorothy Valdez

### \*JoAnn Maurer C.J. & Allye Taylor

### \*Mary Joyce McClellan Franklin McClellan

# \*Jack McClenden Mr. & Mrs. Gene M. Correll Janice & Balfour Correll Mary Ann D. Correll

# \*Pat Moran Lorraine Dailey S. Dalton

# \*Eva Peña Rio Rico Construction Company Mr. & Mrs. Bill Swinnea Brad Swinnea

\*Jesus Quintanilla Hair Trix Daniel Hernandez

### \*Zenaida Reyes Ann L. Edwards

\*Marvin Schwarz
Mr. & Mrs. A. Hinojosa
Jr.
Harold John & Deborah
Zurlo

\*Carl Shoemaker Shirley K. Moore

### \*Dorothy Schulz Arlene Crawford

## \*Encarnacion Solis Jr. FelCor Lodging Trust Inc.

# \* Thomas Taylor James & Lodema Alsip Bob & Edwina Arington

Bob & Edwina Arington Brian Bailey Bobby & Marilyn Carter Jerry & Maxine Ellet Floyd & Jacqueline Foulk Rodney & Kari Gholson Phillip & Rose Morris Sally Summers Gregory Taylor Norma J. Taylor Susan Wells Rex & Betsy Wright

# \* George Tenwall James & Mary Durand Carol Eldredge Mr. & Mrs. Marvin R. Johnson Roger D. Lundquist Gary & Dianne Pickle

### \*Kally Thompson Rodolfo & Margaret Perez Walter & Sherry C. Thompson

## \*Chip Vasquez Joe & Ilda Vasquez

### \*Edna Villarreal Monse & Norma Montalvo

### \*Jane Zbinden Richard & Betty Paradise

#### \*Josefina Alvarado Monse & Norma Montalvo

# \*Patricio Briones Raquel Cruz Briones Reymundo Briones

#### \*Eduvijes Cedillo Alma Cedillo

### \*Mamie Ferguson Hazel A. Manley

### \*Honore Flores Cementerio La Piedad Mr. & Mrs. Alberto Guerra Jr.

# \*Fred Fry Andy & Lavonne Anderson Dave & Jean Fry Jeaneen Fry Edward & Beth Lewis

### \*Hilario Garcia Dolores Garcia

#### \*Adelina Guerra Audelia Alegria Elena Guerra

# \*Donald Johnson Jeff Johnson & Family Roy & Debra McGregor Eleanor Schroer

### Memorials, Honorariums & Donations

\*B.W. Kirsch
Dottie & Cyndy Kirsch

\*Raquel Lozano

Oscar & Noemi Lavenant Ramon Martinez Bonnie Naranjo Jose & Lidia Ramos Gerardo Sanchez Craig & Marguerite Wiegand

\*Ruth MacNeill A.R. Griffith

\*Rafael Martinez Olivia Martinez

\*Jack McClendon

Nancy Brinkley Mr. & Mrs. Gene M. Correll Janice & Balfour Correll Mary Ann D. Correll

\*Lino Milano

Kathryn S. Cain Alfred & Velma Dirks Mr. & Mrs. Neal G. Galloway

\*Julie Norlin
Duane & Arlene Crawford

\* Leonor Palomo San Juana Palomo

\*Kathryn Patterson Alfred & Velma Dirks

\*Sam Reed Richard Lehman

\*Rodolfo Sanchez

Ofelia Sanchez San Juanita Sanchez

\*Carl Shoemaker Jr.

R.M. & D. J. Dempsey Lanman Funeral Home Shirley K. Moore Richard Shultz Rowena Snider

\*Geneva H. Taylor

James & Sue Crews Randall & Carolyn Ennis Madeline Laura Flocks Hidalgo County Republican Women The Richardson Families

\*Orson Whited Mary A. Bell

\*William Woodruff
Mary R. Woodruff

# Memorial Garden Pavers

\*Betty Boyd Fred & Bernie McCaleb

\*Eddy E. Brito Grisel Gonzalez

\*Fred Fry
Lois Fry

\*Luis Hernandez
Carmen Hernandez

\*Don Johnson
Johnson Family

\*Omar D. Montalvo
Patty & Larry Dittburner

\*Victor Reyna Sr. Victor Reyna Jr.

\*Carl Shoemaker Jr.
Belvia Shoemaker

\*Marvin Albert Schwarz
Rev. Robert & Margaret L. McAllen

\*Thomas Taylor Norma Jean Taylor

\*Amada V. Torres Erica L. Mata

\*Fran Tyner May Louella Russell

\*Billy Woodruff
Mary Woodruff

In Honor of Larry & Patti Dittburner (for their 50th Wedding Anniversary) Charles & Carolyn Bell

In Honor of Patti Dittburner Don Johnson Family

### **Honorariums**

Carol Vaughan The Vaughan Family

Candelario Marroquin Candelario Marroquin Jr.

**Teresa Mata** Maura Mata

# Monetary Donations

AARP Chapter-1829 ADL Services, Inc. Auxiliary to McAllen Medical Center & Heart Hospitals Beta Sigma Phi Catholic Daughters of the Ameri-Brian & Christie Fergus First Baptist Church (The Gladden Sunday School Class) Weslaco Armando Garcia Maria R. Garcia Teresa C. Gonzales Margaret Jennings Elsiebel Kasch-Noe Rudy Leal Llano Grande Lake Park Church Los Ebanos Study Club Gordon & Verda M. Nelson Estela Olguin Our Lady of Guadalupe Paradise South Church- Mercedes Sofia M. Peña Dolores Peña Gomez Walt Piper Gerald & Margaret Raleigh Margaret T. Resendez Sisters of the Presentation Margaret Smith George & Carol W. Tinker Weslaco Elks Auxiliary

Jean Anne Woodman

### **Memorial Service**

Aurora House held a Memorial Service on October 14. Over 65 family members and friends gathered to pay tribute to their loved ones.

The service began with a welcome by Juan Salinas and lovely music was provided by Connie Dargel and Steve Chamblain from the First Baptist Church in Weslaco.

Linda Maupin shared a testimonial about the compassionate care given to her aunt by Aurora House staff. And Dr. Steven K. Parker from the Baptist Church gave a brief sermon.

Memorials were read by Therese Corkery and each family represented received a lovely Butterfly Card which held wildflower seeds.

Refreshments were provided by Trails End RV Park.







### On Butterflies' Wings

Where I have gone I am not so small

My soul is as wide as the world is tall

I have gone to answer the call, the call

Of the one who takes care of us all

Wherever you look, you will

find me there

In the heart of a rose

In the heart of a prayer

On butterflies' wings, on wings on my own

To you, I'm gone

But I'm never alone- I am home

Simulation Staff Training

Staff at Aurora House recently completed simulation training provided by the Area Agency on Aging, a program of the Lower RGV Development Council.

Noemi Rodriguez, Caregiver Information Services and Mary Solis, Public Benefits Counselor conducted a hands on simulation of dementia, neuropathy, glaucoma, tinnitus, and arthritis.

Staff donned gloves, wore goggles smeared with vaseline, placed pinto beans in their shoes, and wore headphones which played static and noise and were asked to perform activities of daily living to help them understand the difficulties our patients have with performing even the simplest of tasks.



#### **AURORA HOUSE FOUNDATION**

2646 W. 18th St. P.O. Box 976 Weslaco, TX 78599

(956) 973-9690 (956) 973-9705 fax

Please! Call us with your email address

and we will email your newsletter — It will be in color and will save Aurora House po\$tage!!!





**Aurora House** recognizes dying as part of the normal process of living and focuses on respect and compassion in preparation for death. Its mission is to provide care for persons in the last phase of incurable disease, so they can approach death with dignity, comfort and peace.

# Aurora House Foundation 2012 Board of Directors

Patti Dittburner, Chair Bill Lowe

Norma Montalvo, Vice-Chair Lana Marie Paris
E. Richard Vaughan Jr., Treasurer Sulema Cuellar
Alicia Aguilar, Secretary Cesar Ortega
Bernardine McCaleb Esperanza Garza

**Honorary Board Members** 

Mary Helen Yzaguirre

Rafael Rodriguez, MD - Founder Loretta Barbee
Delia Weaver Lynn Carter

Operations Director......Kathy Scheuerman

Rhonda Garza

Clerical Assistant ......Evangelina Gonzalez

**Caregivers:** ...... Therese Corkery, Araceli Cantu, Alma Garza, Yvette Henkis, Damian Becerra, Sarah Barr, Becky Contreras

Newsletter Editors......Mary Helen Yzaguirre, Lynn Carter

### **Fall Rotation**

Seventy-eight 4th level South Texas Students from South Texas College participated in the Fall Clinical Rotation at Aurora House.

Students spend an entire day at Aurora House under the supervision of Kathy Damalas RN. Classes are conducted by Dr. Lares, Director Kathy Scheuerman along with several long distance learning classes taught by Dr. Rafael Rodriguez via the internet.

Students were appreciative of the opportunity to learn first hand about palliative care. This experience gives them greater insight into the signs and symptoms of the stages of death and the important role nurses play in providing dignified end of life care.

When asked about their experience, students shared the following:

"I really liked the environment that is so calm and soothing. I think having Dr. Rodriguez explain about pain management made me change my perspective and I will now have this clinical day in mind the next time I take care of a patient in pain." "Really enjoyed the time to focus on a palliative care and opening my eyes to a more profound way of caring for patients beyond and above the diagnosis."

"I enjoyed my experience at Aurora House. It was extremely beneficial because it was a review of pain medications and helped me to understand the signs and symptoms of the stages of death."

"This experience was an eye opener to a different field of nursing that we were not exposed to before."

"It was great!! I learned so much from the presentations of Dr. Rodriguez. This has helped me become more of a better all around future nurse, to assess physiological, social and spiritual care."

"I thought it was a very informative experience. It also reminded me that we are the patient's advocate and that we should treat all patients holistically regardless of the facility to help improve their health status or, help them leave this world comfortably."