### **Aurora House News**

The light of a new day..

Summer 2023 Newsletter Volume 16 Issue 2

Patient and families served: 1,416 Age Range: 6 wks - 103yrs



Average Length of Stay: 35 days Students & Community #: 8,957

### **Community Conversation Series**

For over 15 years, the Aurora House Foundation has provided compassionate care to individuals and their families as they approach the last stages of life. Our vision is that everyone can approach end of life with peace. This vision includes the person who is dying as well as their loved ones. The death of a loved one is a life-changing experience with many nuances people may be experiencing for the very first time. Aurora House believes it is important to involve our community in the discourse of death, and give access to the resources and support they may need in their End-of-Life (EOL) journey. We are privileged to present our newest series, the Summer 2023 Community Conversation Series: End-Of-Life Planning Sessions.

The series will focus on important matters related to end-of-life planning for families and individuals in the RGV community. The goal of this series is to engage in meaningful conversations about what to expect when a loved one is in the final stages of life, how to determine the best financial and healthcare decisions for you/family member, and providing access to local resources to help throughout the process. Monthly programs on End-Of-Life will consist of: caregiving education & support, bilingual adult bereavement groups, children grief support groups, sessions on advance directives, estate planning, life insurance, group directed discussions, and more.

"Thank you for offering the session [Adult
Bereavement Support Group] in Spanish & English.
This is the <u>ONLY</u> spanish session/group I found in
the valley. The lighting was great and the snacks
were a great thought!"

"Gracias por preocuparse por tocar estos temas tan sensibles." (*Thank you for touching on such sensitive issues*)

-2023 Bereavement Group Guests

End-of-Life planning gives the opportunity to be in charge and play an active role in the decision-making process. We were prompted to begin this series from witnessing the issues that arise and negatively impact families that do not know what to expect when a loved one is in the last stages of life. The general public lacks information on end-of-life affairs and is often ill-prepared and alone during these challenging times. There is a need for these services in the community and we hope in developing this series we are able to provide guidance and support in all aspects related to end-of-life.









### **Aurora House News**

Some prestigious sites in Paris have played host to the "DeJuener En Blanc" over the years including the Pont des Arts, the Eiffel Tower, the Château de Versailles, the Esplanade de Notre-Dame, and in 2023 Knapp Conference Center can be added to the list. A French inspired luncheon with guests all dressed in white celebrated our administrative professionals who are crucial to the everyday operations in a variety of industries in our local community. Aurora House honors their efforts every year by celebrating them and giving the rest of us the opportunity to recognize all the hard work they do.

The silent auction featured some great local stores, who graciously donated items to help our cause. Our "DeJuener En Blanc" event had some wonderful dishes prepared especially for Aurora House by Chef Roberto Torres. Many thanks to our wonderful community leaders who volunteered their time to be our beverage servers. Their warmth to our guests made all the difference.

The style show, a favorite part of the event, featured models wearing Lionel's Western Wear and Boutique clothing and a show of stunning Consuela bags and accessories. A huge thank you to our Masters of Ceremonies, Kirk Bloomquist and Ryan Vaughan, who kept the guest engaged, and our 2023 Weslaco Royal Court for their help in selling raffle tickets. Our community helped us raise over \$60,000 to help continue our mission and we are truly grateful for all of the support. Thank you to all of our Diamond, Gold, Silver, and Bronze Sponsors.

# Thank You!

























Advantage Health Care Consulting, Inc. A Healing Touch Hospice

De Sela Consulting Burton Companies Economic Development Corporation Mercedes Economic Development Corporation Weslaco Frost Bank **Davis Equity Realty** First Care EMS Lackev Financial Lone Star National Bank Montalvo Insurance Agency P.A.C.E. Health Care, Inc

SJ Hospice
Rainbow Pediatric Clinic
Robert & Margaret McAllen
Rocky Mountain Chocolate Factory San Martin De Porres Catholic Church
Smith Security & Fire
Texas Digestive Systems Texas Regional Bank Western Southern Financial Group Vantage Bank, Texas

### **A Community Celebrates**











## Music Therapy:

Healing through the Power of Music

The Aurora House Foundation has partnered with Institute for Music **Evolution and RGV Music Therapy** & Wellness Center to connect professional musicians and music therapy students with Aurora House residents and their families. Music therapy is the clinical and evidence based use of music intervention as part of a patients care/treatment. Music therapy offers a wide range of benefits for individuals of all ages and backgrounds by promoting relaxation and emotional expression to reduce stress and anxiety. Music Therapy allows individuals the opportunity to process their feelings and experiences in a non-verbal manner. Overall, music therapy harnesses the power of music to promote physical, emotional, cognitive, and social well-being, making it a valuable therapeutic approach in various healthcare and educational settings.





### What are the benefits of Music Therapy?

- Music therapy can enhance cognitive function, including memory, attention, and problem-solving skills.
- Improve motor coordination and speech development in individuals with physical or neurological impairments
- Music can reduce stress, anxiety, and depression by promoting relaxation and emotional expression.
- · Music therapy fosters social interaction, communication, and selfesteem, particularly in group settings. It provides a creative outlet for self-expression and emotional release

**Greater Valley Hospice** 

### **Aurora House News Donations**

### **Donations**

A Healing Touch Hospice GRPP, LLC ADL Services Adrian Farias

Advantage Healthcare Consulting

Alejandra Montenegro Alejandro L. Estrada

Alex Smith Alexis De Sela

All Generations Health Care Inc.

Alma Garza **Andres Rios Andrew Hernandez** Angelica Olivo Anonymous

Anthony Ryan Vaughan

April Castaneda Arturo Garcia **Audrey Eoff** Avmara Ortez Betty Lou Vitek

**Burton Companies LLC** 

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Davis Equity Realty Delvla Yanez

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Dennis Martinus

Development Corporation of Mercedes Librado Skyler Vega

Dimas or Consuelo Martinez Donna Lions Club # 1297 Donna Medical Clinic Edward & Anne Barrett

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First Care EMS LLC First Christian Church (Disciples of

Christ)

Florentino Moreno

Flowers Primary Home Care LLC

Frances Tovar Frost Bank

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GastroentherologyConsultants of South Texas

Germaine & Larry Plett

Gracia Hospice

Greater Valley Hospice Guadalupe Cruz

Herbert & Tommie Sue Hicks

Hollon Oil Company c/o Steve Wilson

**Howard Christopherson** 

Illiana Rivera I & E McConnell Íacqueline Galloway James & Sondra Plowman

James Williams James Wilt

lanice L. Earl Jean M. Wilken Jeffrey Stowe Jennifer Zuniga

Jerry & Shirley Bartacheck Jerry L. & Diana L. Bottomley

Jessica & Lowry McAllen

Jessica Levine Jesus Seja JoAnna Ýbarra

John & Kathryn Antl John & Penny Berry John and Patty Ellis Iohnathan Crane

Juan & Maria Gonzalez

Iuan Franco Judy Kutugata Karen Fike Karen Heilman Kathleen Ohlinger Kenneth & Vicki Meine

Kenneth D. & Donna L. Longworth

Kerry Ritchie Kim Fuller

Kindred Hospice (Curo)

Kirk Bloomquist

**Knapp Community Care Foundation** 

Knapp Medical Center Laura Jaramillo Laura Lopez

Lauro & Îrma Saldana

Life Giving Outreach Ministries/Crossroads

Linda Graham Literary Review Club

lano Grande Lake Park Church

Lone Star National Bank

Loretta Barbee Louis Tyler

Magic Valley Electric Coop Margo Dittburner Sunderland

February - June 2023

Mari Aviles Maria Cruz Marilew Larv Marilew Sturges Mario Salinas Marissa Borrego Marlene Davis Marlene Vos

Martin Ziegler Marvin & Lorna Glesne

Mary Brundige

McAfee Insurance Agency McManus Development LTD

Melanie Rilev Melissa Hernandez Melissa Neuhaus Melissa Ramirez

Memorial Funeral Home Michael & Karen Myers

Michelle Vargas

Mid Valley Senior Softball League

Mitzi & Dana Pederson Montalvo Insurance Agency Mr. & Mrs. Harold Zurlo

Mr. & Mrs. Rhonda & Robert Garza

**Mutiat Adeove** Myriam Guerra Nancy Fratzke Norma Martinez Norma Olvera Oralia Tafolla

P.A.C.E. Health Care, Inc.

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Patricia & Alan E. Bortnem

Patricia Alexander Patricia Long

Peggy James & Josie Zepeda

Pete & Jo Peters Phillis Machen Pitney Bowes Priscilla Hawkins R.S.B.& L.L.B. Rafael Martinez

Rainbow Pediatric Clinic

Randall Summers Raul Cabaza Ray Quiroga

### **Memorial Gifts**

Friends and family members of a hospice patient remember a loved one in various ways: sometimes with flowers, a card, and sometimes it is with a more lasting tribute in the form of a memorial gift.

Through memorial gift-giving you remember your loved one in a very meaningful way and at the same time you help other hospice patients in need. To make a donation visit https://aurorahouse.org/donations/ or use the envelope provided with the newsletter.

#### Give Online

Visit www.aurorahouse.org/donations and click on MONTHLY with your credit or debit card. One time donations are greatly appreciated.

#### Donate by Check

You can also write a check to Aurora House and specify Annual Giving in the memo line. Check can be mailed to P.O. Box 976, Weslaco, Texas 78599

### **Donations**

### **Donations**

Regency Integrated Health Services Renee Zachman

Residents' Assoc. of John Knox Village of

the RGV

RGV ACO Health Providers, LLC

Ricardo Abreu Rios of Mercedes

Robert & Margaret McAllen

Robert Antonacci Robert Donalson

Rocky Mountain Chocolate Factory of

the RGV

Roselinda G. Flores

Rosie Molina Rosita Iones

Roxie Correa

Sally Ross

San Martin De Porres Church

Sandra Rocha Sharon Sadusky Sheryl L. Henry

Shirley Knutson-Nelson Siesta Village Worship Hour

SJ Hospice Services LLC.

Smiriam Limon

Smith Security & Fire Snow to Sun RV Park

Southern Comfort Chapel

Southern Comfort Park

Stacey Olivarez

Stephen R & Dawn M Jones

Texas Mutual Insurance Company

Texas Regional Bank

The Estate of Norma Ann Round

The Martinez Family

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Thomas and Sharon Newcomer

Trails End RV Park

Tu Vida Medical Transport, Inc Valerie Reyna Farmers Insurance

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Virginia Rodriguez De La Garza Weslaco Economic Development

Corporation

Yesenia Vidarrui

Yolanda Ramos & Leticia Robert

Yolanda Salinas Yvonne Castillo

Zefra Mascorro

### In Loving Memory Mark Eoff Audr

**Anne Barrett** 

Betty Lou Vitek Priscilla Rawson

Resident's Assoc. of JKV of RGV

**Arene Doerfler** 

John & Ellen Allen

Bill & Betty Locke

Elizabeth & Subram Gopal Krishnan, MD

**Bill Summers** 

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Kelly Dilodovico

**Jose Campos** 

Roxana Campbell

**Kathleen Stevenson** 

James & Sondra Plowman

Lee Roy Veland

Anthony Ryan Vaughan

Camille Jones

Eugene R. Vaughan Thank you!

Lloyd D. May Deborah May

**Margaret Sterk** 

Anonymous

Audrey Eoff

Orfelinda Cavazos Anna Smith

**Patricio Briones** 

**David Briones** 

**Rachel Briones** 

**Robert Arthur Hulteen** 

Sonja Shepherd

**Robert Iavier Garza** 

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Karen Schroeder

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Don McDaniel

**Stanley Wiegand** 

Eugene R. Vaughan Literary Review Club

Tom & Lynn Carter

Vangie Martinez

**Javier Martinez** 

Willis Meisenheimer

Karen Heilman

### In Honor

**Concepcion Vallejo** 

Francisco Vallejo

Ruben Valleio **Edward Brown** 

George Stiedle

Floyd Baber Karen Baber

**Guadalupe Gomez** 

Esteban Gomez

Family Ramones Gomez

**Iose Cruz Gomez** 

**Juan Pablo Matias** 

Luna Family

Ricardo Gomez

**Hipolita Reves** 

Anonymous

Clementina Gonzalez

**Jose Elizararras** 

Elizabeth Mata

**Jose Garcia** 

Maribel Garcia

Juan Prado

Marlene Prado

Leonel Anzaldua

Oscar Anzaldua

Lou Vitek Eloy & Marisela Gonzalez

Matilde Walker

Anita Castaneda Robert & Otilia Perez

Melanie's Birthday

Facebook Payments Inc.

**Paige Prickett** 

Lewellyn

Piper Jackson

Ron & Roberta Jacobson

Richard Vaughan

Gene Vaughan Sulema Cuellar's Birthday

Facebook Payments Inc

### **Aurora House News**

### In Kind Donations

### In Kind

AllState Hospice Alma Garza Anabelle Cardona **Angel Wings Hospice** Anonymous Araceli Cantu Betty Lou Vitek Celia Velasquez Charlotte Iimenez Christina Perez Craig Wiegand Denise Bell Diamond Divas Elara Caring Ernesto Villanueva Esthela Ramos Florentino Moreno Gail Wanner

Grandma Snow Greater Valley Hospice James Fuller Jesus Calderon John Knox Village Residents Jose Carpe Josie Trevino Juanita Espinoza Maria Escobar Maria Montano

Maria Munoz Mark McCaleb Mark Probst Mary Zamora

Ministerio Hispano El Valle District UMC Monarca Care

Omar Saldana Only Love Hospice

Peggy Hulteen Rachael Garcia

Residents' Assoc. of John Knox Village of the RGV Thank you!

Rio Valley Estate Worship Rosales

Siesta Village Siesta Village Worship Hour Snow to Sun RV Park Southern Comfort Park Southside Baptist Church Trails End RV Park

United Migrant Opportunity Services Inc.

Vero Ramirez W Carr Wavlon Udencio Weslaco Lions Club Weslaco Rotary Club

### In Loving Memory

**Deacon Roberto Cantu** 

Anonymous

Felix Garcia

Mercedes Quintero

Frank Garrett

Cheryl Garrett

**Iose Luis Garcia** 

Anonymous

**Marlene Gutierrez** 

Anonymous Erica Gutierrez

Nicolasa Valladares

Delia Valladares

Revmundo & Maria T. Sanchez Diana Ochoa

### In Honor of

Blanca Martinez De Olivarez

Iaime Olivarez

Concepcion Valleio

Francisco Valleio Ruben Vallejo Anonymous

Eduardo Garcia

Flor Garcia Anel Herrera

Efrain Rivera

Anonymous

Hipolita Reves

Anonymous

Jose Anselmo Hernandez

Lourdes Rivas

**Jose Elizarraras** 

Lorena Garcia Elizabeth Mata

**Leonel Anzaldua** 

Oscar Anzaldua,

**Llovd Brown** 

Dee Coppinger

Sally Judd

Anonymous



### **How You Can Help**

February - June 2023

### **Become a Sponsor**

By choosing to become a sponsor for Aurora House you'll be allowing us to continue providing compassionate end-of-life care for those in need in our community.

Contact Marisela Gonzalez at (956) 973-9690 or (512) 865-8085 or email mari@aurorahouse.org

### **Corporate & Business Partnership**

Get your company involved to raise funds for Aurora House by sponsoring an event.

Contact Marisela Gonzalez at (956) 973-9690 or (512) 865-8085 or email mari@aurorahouse.org

### Planned Gifts & Legacy Requests

Including Aurora House in your will or trust can create a lasting legacy to help the community for years to come.

Contact Marisela Gonzalez at (956) 973-9690 or (512) 865-8085 or email mari@aurorahouse.org

### **Monetary Donations**

Aurora House does not receive any government aid or funding from national or state humane societies and relies entirely on private donations to fund our program. To donate, visit

www.aurorahouse.org/donate

### Volunteer

Our work depends entirely on the support of our dedicated volunteers. Many opportunities are available for youth, adult and groups in our program and for events. www.aurorahouse.org/volunteer

Contact Aymara Ortez at (956) 973-9690 or email aymara@aurorahouse.org

### **In-Kind Donations**

To help reduce costs, our program is always in need of items to support our activities from blankets and wipes for the patients to office supplies. Visit our Wish List to see what you can help with. www.aurorahouse.org/wishlist

2646 W. 18th Street

P.O.Box 976

Weslaco, Texas

956.973.9690

www.AuroraHouse.ora

# Aurora House Events Upcoming Events



## COMMUNITY CONVERSATION SERIES CALENDAR

Aurora House Foundation | 2646 W. 18th St Weslaco, TX 78596 | (956) 973-9690

End-of-life planning offers peace of mind, a sense of security, and positive outcomes for individuals and their families. Join us and start the conversation.

september of the section







#### August 2023

Friday August 11, 2023 12:00pm-1:30pm

"Power of Attorney, MPOA, SDPOA"

Jean Pena, Amedisys

Saturday August 19, 2023 10:00am-12:00pm

RGV Death Café: "Cafe, Conchas, & Corpses"

> Friday August 25, 2023 6:30pm-7:30pm

El Duelo: Grupo de Apoyo/ Adult Bereavement Group: "The 5 Stages of Grief" (BILINGUAL)

#### September 2023

Friday September 1, 2023 6:30pm-7:30pm "Caregiving 101: Pain Management"

Caregiver S.O.S

Saturday September 9, 2023 10:00am-12:00pm RGV Death Café: "Death & Donuts"

#### **Session Break:**

El Duelo: Grupo de Apoyo se reanudará en octubre Adult Bereavement Group will resume in October

#### October 2023

Friday October 6, 2023 6:30pm-7:30pm

"How to Prepare a Wil" Benavidez Law Firm

Saturday October 21, 2023 10:00am-12:00pm RGV Death Café:

"Dia de los Muertos"
Friday October 27, 2023

6:30pm-7:30pm

El Duelo: Grupo de Apoyo/

Adult Bereavement Group:

"The 5 Stages of Grief"

#### Aurora House Foundation Board of Directors

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Vice President

Laura Lopez

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Program Coordinator

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Gloria Handy
Christina Perez
Brittany Hernandez
Linda Gonzalez
Genesis Hernandez
Tanya Mata
Juanita Espinoza
Caregivers

### **OUR MISSION**

To provide compassionate care for persons in the last chapter of life, in a home-like setting, so they can approach a peaceful death with comfort and dignity.